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Event 1 Mixed 14-15 200 LC Meter Obstacles Individual

Record: 2:37.07 R 24/04/2022 John-Jeffrey Dixon

	Name	Age	Team	Finals Time
1	Jones, Timothy	15	PP	2:16.23R
2	Lee, Sam	15	PP	2:37.84
3	Mowbray, James	15	BL	2:48.04
4	Bristow, Frances	15	HA	2:53.85
5	Roy, Matilda	15	BC	3:57.00

Event 2 Women 200 LC Meter Obstacles Individual

Record: 2:17.40 R 22/04/2017 Lily (O) Nichols

	Name	Age	Team	Finals Time	
1	Leigh, Izzy	19	PT	2:20.30	20
2	Robson, Emily	20	CT	2:22.99	18
3	Roodhouse, Molly	24	GL	2:23.48	16
4	Ezard, Emily	21	PB	2:25.34	14
5	Comline, Abby	20	CT	2:27.32	13
6	Rogers, Meabn	18	CT	2:31.34	12
7	Rule, Mia	20	GL	2:33.31	11
8	Carter, Sally	27	CT	2:33.63	10
9	Lewis, Hollie	16	PB	2:34.31	8
10	Stamp, Layla	16	VS	2:41.74	7
11	Philippa, Bromley	17	LE	2:42.89	6
12	Wardman, Keia	24	PT	2:43.93	5
13	Monera-Cabarique, Sheila	18	BC	2:43.94	4
14	Trevena, Sky	16	GL	2:45.62	3
15	Ben-Scully, Beatrice	16	BC	2:46.24	2
16	Lily-Mae, Collier	18	LE	2:47.01	1
17	Briggs, Isobel	23	RS	2:51.86	
*18	Cox, Emily	20	SK	2:52.67	
*18	Bayliss-Cutler, Mia	18	CT	2:52.67	
20	Jenkins, Bethany	17	PB	2:53.70	
21	Zoe, Gilliland	18	LE	2:55.37	
22	Leahey, Rebecca	18	SW	2:56.20	

Event 3 Men 200 LC Meter Obstacles Individual

Record: 1:59.33 R 24/04/2022 Josh Gammon

	Name	Age	Team	Finals Time	
1	Trebilcock, Thomas	20	GL	2:00.27	20
2	Blaby, James	26	VS	2:05.33	18
3	Smith, Jack	22	BE	2:07.67	16
4	Wheeler, Ryan	28	BE	2:10.96	14
5	Whittaker, bob	22	WO	2:14.74	13
6	Sadberry, Jack	19	CT	2:14.91	12
7	Leigh, tom	22	PT	2:20.77	11
8	Phinnemore, Osian	19	PB	2:21.05	10
9	Reed, Adam	23	VS	2:22.46	8
10	Dixon, John-Jeffrey	16	BC	2:30.45	7
11	Whittaker, Daniel	17	SK	2:31.14	6
12	Holmes, Benjamin	19	RS	2:34.38	5
13	Brunnock, Oliver	21	PT	2:38.04	4
14	Schofield, Martin	24	CT	2:38.24	3
15	Downton, Taran	21	LM	2:46.96	2
16	Kettleborough, Peter	16	GL	3:12.43	1
---	Pitt, Harry	21	NW	DQ	

Event 4 Women 30-39 100 LC Meter Obstacles Individual

Record: 1:10.04 R 24/04/2022 Lucy Allix

	Name	Age	Team	Finals Time	
1	Watts-Jones, Claire	34	GL	1:20.36	20
2	Allam, Candice	39	VS	1:29.85	18
3	Rule, Jessica	33	GL	1:31.79	16
4	Sedgwick, Cathy	37	BL	1:43.95	14

Event 4 Women 40-44 100 LC Meter Obstacles Individual

Record: 1:10.04 R 24/04/2022 Lucy Allix

	Name	Age	Team	Finals Time	
1	Openshaw-Rowe, Rebecca	42	SK	1:16.03	20
2	Anderson, Sarah	41	PT	1:18.32	18
3	Lane, Natasha	42	NW	1:24.19	16
4	Sanderson Bellamy, Angelina	44	VS	1:43.88	14

Event 4 Women 45-49 100 LC Meter Obstacles Individual

Record: 1:10.04 R 24/04/2022 Lucy Allix

	Name	Age	Team	Finals Time	
1	Leonard, Lois	46	GL	1:22.83	20
2	Bayliss-Culter, Marsha	46	CT	1:23.64	18
3	Stroey, Carole	46	BL	1:30.01	16
4	Lewis, Emma	49	SK	1:37.13	14
5	Gilbert, Cags	49	GL	1:44.92	13
6	Ramsden-hare, Louise	48	MB	1:50.45	12
7	Kimber, Chanelle	45	GL	1:51.08	11

Event 4 Women 50-54 100 LC Meter Obstacles Individual

Record: 1:10.04 R 24/04/2022 Lucy Allix

	Name	Age	Team	Finals Time	
1	Powell, Joanna	50	PB	1:22.21	20
2	Dixon, Martha	52	GL	1:29.70	18
3	Phinnemore, Andrea	53	PB	1:37.16	16
4	Appleby, Liz	50	BL	1:52.43	14
5	cox, Laura	50	SK	1:53.97	13
6	Nyom, Sarah	53	PB	2:20.40	12

Event 4 Women 55-59 100 LC Meter Obstacles Individual

Record: 1:10.04 R 24/04/2022 Lucy Allix

	Name	Age	Team	Finals Time	
1	Wickens, Donna	57	CT	1:23.10	20
2	Van Bassen, Carryl	59	GL	1:25.99	18
3	Biagini-Williams, Tania	57	GL	1:45.03	16

Event 4 Women 60 & Over 100 LC Meter Obstacles Individual

Record: 1:10.04 R 24/04/2022 Lucy Allix

	Name	Age	Team	Finals Time	
1	Attfield, Alison	63	GL	1:45.84	20
2	Webb, Romaine	64	NW	2:09.03	18

Event 5 Men 30-39 100 LC Meter Obstacles Individual

Record: 57.46 R 24/04/2022 Josh Gammon

	Name	Age	Team	Finals Time	
1	Rosewell, Lewis	32	PT	1:06.01	20
2	Rosewell, Lloyd	38	PB	1:06.40	18
3	Gray, Stuart	38	LB	1:13.11	16
4	Robson, Johnny	35	BL	1:23.50	14
5	Wheeler, Jason	35	PP	1:27.41	13

Event 5 Men 40-44 100 LC Meter Obstacles Individual

Record: 57.46 R 24/04/2022 Josh Gammon

	Name	Age	Team	Finals Time	
1	Ronday, Martijn	41	PP	1:16.05	20
2	Bell, Stephen	40	RB	1:18.46	18
3	Locke, Craig	43	SK	1:21.43	16
4	Boyle, Simon	40	PP	1:25.41	14
5	Baker, Edward	43	PP	1:26.48	13
6	Weight, Patrick	41	BC	1:27.37	12
7	Shingler, guy	44	LB	1:38.64	11

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Event 5 Men 45-49 100 LC Meter Obstacles Individual

Record: 57.46 R 24/04/2022 Josh Gammon

	Name	Age	Team	Finals Time	
1	Nicholas, Grant	49	MB	1:12.69	20
2	Sanwell, Matt	46	PP	1:15.36	18
3	Foster, Jon	49	LM	1:22.54	16
4	Davis, Lee	47	SK	1:25.32	14
5	Skinner, Paul	49	PT	1:26.40	13
6	Grounds, Darren	45	LB	1:29.35	12
7	Lock, James	46	GL	1:30.41	11
8	Hughes, Simon	45	LB	1:38.76	10
9	Gardener, Gareth	46	PB	1:43.41	8
10	Newman, Gavin	46	PB	1:45.78	7
11	Riley, Aidan	47	GL	1:47.16	6

Event 5 Men 50-54 100 LC Meter Obstacles Individual

Record: 57.46 R 24/04/2022 Josh Gammon

	Name	Age	Team	Finals Time	
1	Robinson, Craig	50	PB	1:07.68	20
2	Dixon, Mark	50	BC	1:18.35	18
3	Davies, Paul	50	PS	1:20.64	16
4	Dickson, Billy	52	GL	1:23.60	14
5	Bull, Matthew	50	PT	1:27.57	13
6	Edwards, Mark	51	SK	1:28.92	12
7	Parkinson, Andy	50	LB	1:30.30	11
8	Lewis, Jason	52	SK	1:31.60	10
9	Wisden, Mark	52	PB	1:32.28	8
10	Bateman, Phil	52	PT	1:36.21	7
11	Davidson, Andrew	51	SK	1:38.83	6
12	Revell, David	50	GL	1:41.64	5

Event 5 Men 55-59 100 LC Meter Obstacles Individual

Record: 57.46 R 24/04/2022 Josh Gammon

	Name	Age	Team	Finals Time	
1	Parker, Simon	56	VS	1:28.55	20
2	Dalrymple, Andy	57	LB	1:31.82	18

Event 5 Men 60 & Over 100 LC Meter Obstacles Individual

Record: 57.46 R 24/04/2022 Josh Gammon

	Name	Age	Team	Finals Time	
1	Morris, Adrian	61	PB	1:18.52	20
2	Griffiths, Alun	64	SK	1:28.56	18
3	John, Chris	63	LB	1:36.40	16
4	Nye, Philip	67	BC	1:50.64	14
5	Gwynn, Jon	64	MB	1:51.16	13

Event 16 Women 4x50 LC Meter Relay Obstacles Relay

Record: 2:04.25 R 22/04/2017 Crawley Town LSC

	Team	Relay	Finals Time	
1	CT	A	2:04.57	30
2	GL	A	2:05.14	27
3	PT	A	2:09.02	24
4	GL	B	2:14.52	21
5	VS	A	2:14.71	19.5
6	LE	A	2:14.87	18
7	BL	A	2:17.64	16.5
8	PB	A	2:23.74	15
9	SK	A	2:25.19	12
10	BL	B	2:31.35	10.5
11	VS	B	2:34.97	9

Event 17 Men 4x50 LC Meter Relay Obstacles Relay

Record: 1:44.46 R 24/04/2022 Crawley Town

	Team	Relay	Finals Time	
1	PT	A	1:51.23	30
2	VS	A	1:54.16	27
3	CT	A	1:55.61	24
4	GL	A	1:58.06	21
5	RS	A	1:58.97	19.5
6	PB	A	2:02.42	18
7	PT	B	2:05.06	16.5
8	NW	A	2:14.20	15
9	SK	A	2:18.55	12
---	BC	A	DQ	

Event 18 Mixed 30 & Over 4x50 LC Meter Relay Obstacles Relay

Record: 1:54.31 R 22/04/2017 Pen y Bont

	Team	Relay	Finals Time	
1	PB	A	2:08.73	30
2	NW	A	2:12.80	27
3	PP	A	2:24.64	24
4	VS	A	2:24.66	21
5	SK	A	2:26.24	19.5
6	LB	A	2:29.11	18
7	PT	A	2:29.77	16.5
8	GL	A	2:39.44	15
9	SK	C	2:40.16	12
10	GL	C	2:44.45	10.5
11	PB	B	2:45.04	9
12	PP	B	2:47.50	7.5
13	BL	A	2:47.55	6
14	GL	B	2:52.80	4.5
15	LB	B	2:57.57	3
16	BL	B	4:05.90	2

Event 19 Women LC Meter Relay Line Throw Pair

Record: 12.94 R 22/04/2017 Crawley Town LSC

	Team	Relay	Finals Time	
1	SW	A	14.28	20
2	RS	B	14.56	18
3	BL	E	14.77	16
4	BL	A	14.97	14
5	RS	A	15.30	13
6	BL	C	15.41	12
7	LE	D	15.56	11
8	BL	D	16.14	10
9	BL	F	16.21	8
10	CT	C	16.36	7
11	LE	C	17.64	6
12	NW	A	18.10	5
13	GL	A	18.28	4
14	RB	A	21.06	3
15	VS	A	21.64	2
16	PB	A	23.21	1
17	PT	A	25.20	
18	RS	C	25.47	
19	BL	G	25.86	
*20	GL	B	26.38	
*20	GL	E	26.38	
22	PT	B	26.98	
23	BL	H	30.47	
24	VS	B	30.48	
25	BL	B	31.00	

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(Event 19 Women LC Meter Relay Line Throw Pair)

	Team	Relay	Finals Time
26	CT	B	44.03
27	GL	C	44.29
28	MB	C	44.47
29	BC	A	44.57
---	CT	A	DQ
---	BL	I	DQ
---	MB	A	DNF
---	LE	B	DNF
---	MB	B	DNF
---	GL	D	DNF
---	BC	B	DNF
---	LE	A	DNF
---	SK	A	DNF
---	RH	A	DNF
---	SK	B	DNF
---	NW	B	DNF
---	PB	C	DNF

Event 20 Men LC Meter Relay Line Throw Pair

Record: 9.97 R 24/04/2022 Crawley Town

	Team	Relay	Finals Time	
1	CT	A	9.49R	20
2	CT	D	10.50	18
3	BE	A	11.44	16
4	VS	B	11.45	14
5	CT	B	12.26	13
6	RS	A	12.46	12
7	LM	A	13.83	11
8	CT	C	14.09	10
9	PB	A	14.43	8
10	GL	A	14.80	7
11	BE	B	18.23	6
12	BC	A	19.36	5
13	RS	D	20.16	4
14	RS	C	22.39	3
15	BL	C	23.48	2
16	GL	B	23.71	1
17	VS	A	24.95	
18	GL	C	25.24	
19	PB	B	30.22	
20	RH	A	31.52	
21	RS	F	34.63	
22	RS	B	35.99	
23	MB	B	40.09	
---	PT	A	DQ	
---	PB	C	DNF	
---	PL	A	DNF	
---	MB	A	DNF	
---	NW	A	DNF	
---	PT	C	DNF	
---	RS	E	DNF	
---	GL	D	DNF	
---	PT	B	DNF	

Event 21 Mixed 30 & Over LC Meter Relay Line Throw Pair

Record: 11.41 R 15/04/2018 Crawley Town

	Team	Relay	Finals Time	
1	LB	C	14.84	20
2	PB	B	16.82	18
3	PT	A	17.01	16
4	MB	B	17.21	14
5	CT	A	17.29	13
6	LB	B	17.76	12
7	BL	D	17.82	11
8	LB	A	18.61	10
9	PB	C	18.87	8
10	PP	D	18.94	7
11	GL	D	19.02	6
12	CT	B	19.08	5
13	VS	B	19.51	4
14	VS	D	20.02	3
15	BL	G	20.16	2
16	BL	C	20.50	1
17	LB	E	20.78	
18	BC	B	21.05	
19	LB	D	22.55	
20	VS	C	23.61	
21	SK	C	24.17	
22	MB	A	24.39	
23	VS	A	24.76	
24	PB	D	25.86	
25	SK	A	25.89	
26	SK	D	26.51	
27	PP	A	27.46	
28	PP	C	30.32	
29	BL	F	30.80	
30	BC	A	31.54	
31	CT	C	32.25	
32	GL	B	36.28	
---	PB	A	DQ	
---	PP	B	DQ	
---	PT	B	DQ	
---	BL	A	DNF	
---	GL	A	DNF	
---	BC	C	DNF	
---	BL	E	DNF	
---	BL	B	DNF	
---	GL	F	DNF	
---	SK	E	DNF	
---	PS	A	DNF	
---	SK	B	DNF	
---	GL	E	DNF	
---	GL	C	DNF	
---	SK	F	DNF	

Event 22 Women 50 LC Meter Manikin Carry Individual

Record: 36.41 R 22/04/2017 Emma (O) Henderson

	Name	Age	Team	Finals Time	
1	Henderson, Emma	25	IND	37.61	20
2	Roodhouse, Molly	24	GL	37.97	18
3	Robson, Emily	20	CT	38.08	16
4	Comline, Abby	20	CT	39.16	14
*5	Rogers, Meabn	18	CT	40.02	12.5
*5	Millar, Connie	16	RH	40.02	12.5
7	Hickman, Eve	18	RB	40.38	11
8	Goodwin, Emily	27	CT	41.43	10
9	Watson, Heather	17	RS	41.86	8
10	Edwards, Rosie	19	GL	42.31	7
11	Carter, Sally	27	CT	42.40	6
12	Hawkins, Maisy	17	GL	42.43	5
13	Leigh, Izzy	19	PT	42.63	4
14	Gale, Rhianne	23	SW	42.72	3

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(Event 22 Women 50 LC Meter Manikin Carry Individual)

	Name	Age	Team	Finals Time	
15	Carpenter, Sam	27	BL	42.80	2
16	Peterson, Kelsea	25	VS	42.81	1
17	Hawkins, Georgia	21	GL	42.86	
18	Stamp, Layla	16	VS	43.24	
19	Dickerson Weedy, Ellie	21	BL	43.30	
20	Ezard, Emily	21	PB	43.73	
21	Kerr, Abigail	19	RS	43.91	
22	Parker, Emily	20	VS	44.17	
*23	Parker, Jessica	26	BL	44.68	
*23	Rees, Millie	21	MB	44.68	
25	Roche, Lillian	17	GL	45.00	
26	Chandler, Beth	24	BL	45.08	
27	Monera-Cabarique, Sheila	18	BC	45.52	
28	Willshire, Katelyn	18	BL	47.02	
29	Lily-Mae, Collier	18	LE	47.03	
30	Briggs, Isobel	23	RS	47.63	
31	Trevena, Sky	16	GL	47.68	
32	Jones, Angharad	20	SK	47.99	
33	Chandler, Cadie	24	BL	48.63	
34	Carr, Lilly May	17	BL	49.40	
35	Mann, Jasmine	24	NQ	49.77	
36	Bell, Charlotte	21	PT	50.02	
37	Ben-Scully, Beatrice	16	BC	50.78	
38	Cox, Emily	20	SK	51.75	
39	Dickerson Weedy, Issy	19	BL	57.99	
40	Carr, Daisy	15	BL	59.49	
41	Sedgwick, Phoebe	16	BL	1:03.63	

Event 23 Men 50 LC Meter Manikin Carry Individual

Record: 28.16 R 24/04/2022 William James

	Name	Age	Team	Finals Time	
1	Haynes, Charlie	26	PT	30.27	20
2	Blaby, James	26	VS	30.33	18
3	Lawman, Sam	28	GL	30.46	16
4	Cusselle, Ben	20	BE	32.00	14
5	Smith, Jack	22	BE	32.72	13
6	Waterfall, Luke	18	RS	33.24	12
7	Sadberry, Jack	19	CT	33.42	11
8	Gammon, Kiran	17	WO	33.94	10
9	Wheeler, Ryan	28	BE	34.33	8
10	Jackson, Alex	22	CT	34.43	7
11	Hopkin, Reuben	20	VS	34.55	6
12	Key, Elliot	23	BE	34.68	5
13	Lee, Jake	22	VS	35.19	4
14	Schofield, Martin	24	CT	35.58	3
15	Reed, Adam	23	VS	35.73	2
16	Lester, Jack	22	RS	37.45	1
17	Ewington, Declan	22	VS	37.80	
18	Phinnemore, Osian	19	PB	37.83	
19	Ducker, Mike	26	BE	38.07	
20	Leigh, tom	22	PT	38.35	
21	Screeton, Jacob	21	RS	38.52	
22	Holmes, Benjamin	19	RS	39.27	
23	Rich, Tomas	17	GL	39.36	
24	Goodall, Jacob	20	CT	39.40	
25	Grice, Jason	23	RH	40.50	
26	Downton, Taran	21	LM	40.81	
27	Mowbray, James	15	BL	40.89	
28	Ingham, Conor	28	BE	41.33	
29	Miller, Terry	17	PL	41.58	
30	Dixon, John-Jeffrey	16	BC	41.77	
31	Whittaker, Daniel	17	SK	41.86	
32	Screeton, Thomas	18	RS	42.11	
33	Stewart, Jack	18	PT	42.37	
34	Brunnock, Oliver	21	PT	42.53	
35	Pitt, Harry	21	NW	46.18	
36	Kettleborough, Peter	16	GL	58.87	

Event 24 Women 30-39 50 LC Meter Manikin Carry Individual

Record: 15.55 R 24/04/2022 Ellie McCloy

	Name	Age	Team	Finals Time	
1	Watts-Jones, Claire	34	GL	47.20	20
2	Allam, Candice	39	VS	51.29	18
3	Passmore, Kate	38	PP	51.36	16
4	Sedgwick, Cathy	37	BL	1:00.02	14

Event 24 Women 40-44 50 LC Meter Manikin Carry Individual

Record: 15.55 R 24/04/2022 Ellie McCloy

	Name	Age	Team	Finals Time	
1	Openshaw-Rowe, Rebecca	42	SK	44.94	20
2	Anderson, Sarah	41	PT	47.06	18
3	Gharahlar, Emma	40	RB	50.74	16
4	Lane, Natasha	42	NW	52.28	14
5	Sanderson Bellamy, Angelina	44	VS	54.02	13

Event 24 Women 45-49 50 LC Meter Manikin Carry Individual

Record: 15.55 R 24/04/2022 Ellie McCloy

	Name	Age	Team	Finals Time	
1	Bayliss-Culter, Marsha	46	CT	48.03	20
2	Leonard, Lois	46	GL	52.62	18
3	Stroey, Carole	46	BL	55.76	16
4	Lewis, Emma	49	SK	56.51	14
5	Ramsden-hare, Louise	48	MB	1:01.59	13
6	Gilbert, Cags	49	GL	1:04.91	12
7	Hopkin, Nia	46	VS	1:05.41	11
8	Kimber, Chanelle	45	GL	1:06.01	10

Event 24 Women 50-54 50 LC Meter Manikin Carry Individual

Record: 15.55 R 24/04/2022 Ellie McCloy

	Name	Age	Team	Finals Time	
1	Powell, Joanna	50	PB	50.28	20
2	Eagland, Vanessa	54	CT	57.12	18
3	Appleby, Liz	50	BL	1:04.60	16
4	cox, Laura	50	SK	1:17.99	14
5	Chandler, Joanne	50	BL	1:25.46	13
6	Nyom, Sarah	53	PB	1:47.86	12
---	Dixon, Martha	52	GL	DQ	

Event 24 Women 55-59 50 LC Meter Manikin Carry Individual

Record: 15.55 R 24/04/2022 Ellie McCloy

	Name	Age	Team	Finals Time	
1	Wickens, Donna	57	CT	48.06	20
2	Van Bassen, Carryl	59	GL	51.18	18
3	Biagini-Williams, Tania	57	GL	1:03.51	16
4	Vaughan, Sue	59	LB	1:05.32	14

Event 24 Women 60 & Over 50 LC Meter Manikin Carry Individual

Record: 15.55 R 24/04/2022 Ellie McCloy

	Name	Age	Team	Finals Time	
1	Webb, Romaine	64	NW	1:20.77	20

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Event 25 Men 30-39 50 LC Meter Manikin Carry Individual

Record: 31.69 R 22/04/2017 Richard Watkins

	Name	Age	Team	Finals Time	
1	Rudall, Huw	36	PB	37.59	20
2	Rosewell, Lloyd	38	PB	38.14	18
3	Rosewell, Lewis	32	PT	39.18	16
4	Abbott Haigh, Gareth	36	VS	40.49	14
5	Robson, Johnny	35	BL	43.55	13
6	Gray, Stuart	38	LB	44.03	12

Event 25 Men 40-44 50 LC Meter Manikin Carry Individual

	Name	Age	Team	Finals Time	
1	Lane, David	40	NW	37.60	20
2	Bell, Stephen	40	RB	42.29	18
3	Ronday, Martijn	41	PP	43.98	16
4	Black, Samuel	42	NW	45.97	14
5	Locke, Craig	43	SK	51.03	13
6	Boyle, Simon	40	PP	51.54	12
7	Weight, Patrick	41	BC	51.85	11
8	Shingler, guy	44	LB	1:03.91	10
9	Baker, Edward	43	PP	1:06.93	8

Event 25 Men 45-49 50 LC Meter Manikin Carry Individual

	Name	Age	Team	Finals Time	
1	Sanwell, Matt	46	PP	41.01	20
2	Nicholas, Grant	49	MB	43.63	18
3	Foster, Jon	49	LM	45.67	16
4	Grounds, Darren	45	LB	47.00	14
5	Davis, Lee	47	SK	48.52	13
6	Skinner, Paul	49	PT	50.61	12
7	Lock, James	46	GL	51.12	11
8	Riley, Aidan	47	GL	55.81	10
9	Hughes, Simon	45	LB	59.17	8

Event 25 Men 50-54 50 LC Meter Manikin Carry Individual

	Name	Age	Team	Finals Time	
1	Robinson, Craig	50	PB	40.49	20
2	Parkinson, Andy	50	LB	46.10	18
3	Dixon, Mark	50	BC	46.84	16
4	Edwards, Mark	51	SK	51.16	14
5	Davies, Paul	50	PS	52.04	13
6	Dickson, Billy	52	GL	52.05	12
7	Bull, Matthew	50	PT	53.33	11
8	Davidson, Andrew	51	SK	54.65	10
9	Bateman, Phil	52	PT	57.20	8
10	Revell, David	50	GL	58.46	7
11	Lewis, Jason	52	SK	58.64	6
12	Chandler, Mark	53	BL	1:11.37	5

Event 25 Men 55-59 50 LC Meter Manikin Carry Individual

	Name	Age	Team	Finals Time	
1	Parker, Simon	56	VS	49.85	20
2	Dalrymple, Andy	57	LB	50.96	18

Event 25 Men 60 & Over 50 LC Meter Manikin Carry Individual

	Name	Age	Team	Finals Time	
1	John, Chris	63	LB	50.25	20
2	Griffiths, Alun	64	SK	53.91	18
3	Nye, Philip	67	BC	54.31	16
4	Gwynn, Jon	64	MB	57.95	14

Event 36 Women 4x25 LC Meter Relay Manikin Relay

Record: 1:30.50 R 15/04/2018 Crawley Town

	Team	Relay	Finals Time	
1	CT	A	1:34.62	30
2	GL	A	1:40.48	27
3	PT	A	1:44.07	24
4	BL	A	1:44.20	21
5	VS	A	1:49.76	19.5
6	GL	B	1:53.94	18
7	LE	A	1:54.17	16.5
8	BL	B	1:56.35	15
9	VS	B	1:58.39	12
10	SK	A	2:06.15	10.5
11	PB	A	2:13.71	9

Event 37 Men 4x25 LC Meter Relay Manikin Relay

Record: 1:15.98 R 28/04/2019 Portreath

	Team	Relay	Finals Time	
1	VS	A	1:19.69	30
2	PT	A	1:21.25	27
3	CT	A	1:22.47	24
4	RS	A	1:26.35	21
5	BE	A	1:33.41	19.5
6	SK	A	1:38.69	18
7	PT	B	1:40.40	16.5
8	NW	A	1:47.27	15
9	BC	A	1:55.28	12

Event 38 Mixed 30 & Over 4x25 LC Meter Relay Manikin Relay

Record: 1:24.34 R 22/04/2017 Pen y Bont

	Team	Relay	Finals Time	
1	NW	A	1:45.42	30
2	LB	A	1:52.78	27
3	SK	A	1:56.19	24
4	PP	A	1:59.01	21
5	BL	A	2:07.75	19.5
6	CT	A	2:09.44	18
7	GL	A	2:12.50	16.5
8	VS	A	2:13.04	15
9	PP	B	2:13.45	12
10	GL	B	2:25.11	10.5
11	LB	B	2:39.49	9
12	PB	B	2:58.00	7.5
13	BL	B	2:59.92	6
---	PB	A	DQ	
---	GL	C	DQ	
---	PT	A	DQ	
---	SK	B	DQ	

Event 39 Women 100 LC Meter Manikin Carry (Fins) Individual

Record: 57.53 R 22/04/2017 Emma (O) Henderson

	Name	Age	Team	Finals Time	
1	Henderson, Emma	25	IND	59.49	20
2	Watson, Heather	17	RS	59.70	18
3	Kerr, Abigail	19	RS	59.96	16
4	Parker, Emily	20	VS	1:04.14	14
5	Robson, Emily	20	CT	1:04.76	13
6	Rees, Millie	21	MB	1:05.08	12
7	Ezard, Emily	21	PB	1:06.68	11
8	Goodwin, Emily	27	CT	1:07.18	10
9	Leigh, Izzy	19	PT	1:07.19	8
10	Rogers, Meabn	18	CT	1:07.52	7

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(Event 39 Women 100 LC Meter Manikin Carry (Fins) Individual)

	Name	Age	Team	Finals Time	
11	Wardman, Mesha	29	PT	1:09.40	6
12	Rule, Mia	20	GL	1:10.09	5
13	Chandler, Beth	24	BL	1:10.41	4
14	Hawkins, Georgia	21	GL	1:10.58	3
15	Dickerson Weedy, Ellie	21	BL	1:10.75	2
16	Bell, Charlotte	21	PT	1:11.02	1
17	Comline, Abby	20	CT	1:11.11	
18	Peterson, Ellie	23	VS	1:11.27	
19	Bailey-Jones, Nia	18	GL	1:12.07	
20	Wardman, Keia	24	PT	1:13.23	
21	Chandler, Cadie	24	BL	1:13.95	
22	Jones, Angharad	20	SK	1:15.24	
23	Monera-Cabarique, Sheila	18	BC	1:15.57	
24	Peterson, Kelsea	25	VS	1:15.71	
25	Briggs, Isobel	23	RS	1:16.17	
26	Peterson, Brooke	21	VS	1:16.42	
27	Mann, Jasmine	24	NQ	1:17.57	
28	Jones, Emilia	18	SK	1:18.19	
29	Connolly, Alice	19	VS	1:19.06	
30	Roche, Lillian	17	GL	1:21.00	
31	Ben-Scully, Beatrice	16	BC	1:21.22	
32	Eleanor, Pearce Burton	18	LE	1:25.65	
33	Carr, Daisy	15	BL	1:27.96	
34	Sedgwick, Phoebe	16	BL	1:44.37	

Event 40 Men 100 LC Meter Manikin Carry (Fins) Individual

Record: 48.36 R 24/04/2022 Jack Sadberry

	Name	Age	Team	Finals Time	
1	Lawman, Sam	28	GL	48.60	20
2	Waterfall, Luke	18	RS	49.59	18
3	Sadberry, Jack	19	CT	49.62	16
4	Blaby, James	26	VS	50.35	14
5	Postlethwaite, Freddie	18	RS	51.28	13
6	Hopkin, Reuben	20	VS	54.85	12
7	Lester, Jack	22	RS	56.30	11
8	Phinnemore, Osian	19	PB	56.31	10
9	Key, Elliot	23	BE	56.45	8
10	Schofield, Martin	24	CT	56.59	7
11	Ducker, Mike	26	BE	57.86	6
12	Screeton, Jacob	21	RS	59.55	5
13	Miller, Terry	17	PL	59.84	4
14	Grice, Jason	23	RH	1:01.00	3
15	Lee, Jake	22	VS	1:01.13	2
16	Leigh, tom	22	PT	1:05.78	1
17	Goodall, Jacob	20	CT	1:06.43	
18	Downton, Taran	21	LM	1:06.57	
19	Whittaker, Daniel	17	SK	1:10.36	
20	Dixon, John-Jeffrey	16	BC	1:10.72	
21	Pitt, Harry	21	NW	1:19.12	
22	Kettleborough, Peter	16	GL	1:24.17	

Event 41 Women 30-39 100 LC Meter Manikin Carry (Fins) Individual

Record: 1:12.29 R 15/02/2014 Lindsay Lewis

	Name	Age	Team	Finals Time	
1	Passmore, Kate	38	PP	1:19.32	20
2	Watts-Jones, Claire	34	GL	1:24.55	18
3	Allam, Candice	39	VS	1:25.02	16
4	Sedgwick, Cathy	37	BL	1:26.64	14

Event 41 Women 40-44 100 LC Meter Manikin Carry (Fins) Individual

Record: 1:16.90 R 24/04/2022 Sarah Anderson

	Name	Age	Team	Finals Time	
1	Openshaw-Rowe, Rebecca	42	SK	1:09.70R	20
2	Gharahlar, Emma	40	RB	1:16.00R	18
3	Bright, Paula	44	PP	1:18.42	16
4	Lane, Natasha	42	NW	1:20.63	14
5	Sanderson Bellamy, Angelina	44	VS	1:21.44	13
6	Anderson, Sarah	41	PT	1:25.27	12

Event 41 Women 45-49 100 LC Meter Manikin Carry (Fins) Individual

Record: 1:22.46 R 24/04/2022 Marsha Bayliss-Culter

	Name	Age	Team	Finals Time	
1	Bayliss-Culter, Marsha	46	CT	1:20.67R	20
2	Leonard, Lois	46	GL	1:25.37	18
3	Lewis, Emma	49	SK	1:26.89	16
4	Ramsden-hare, Louise	48	MB	1:41.92	14
5	Hopkin, Nia	46	VS	1:58.23	13

Event 41 Women 50-54 100 LC Meter Manikin Carry (Fins) Individual

Record: 1:28.70 R 24/04/2022 Andrea Phinnemore

	Name	Age	Team	Finals Time	
1	Powell, Joanna	50	PB	1:26.47R	20
2	Phinnemore, Andrea	53	PB	1:31.87	18
3	Dixon, Martha	52	GL	1:33.35	16
4	Appleby, Liz	50	BL	1:36.26	14
5	cox, Laura	50	SK	1:50.21	13
6	Nyom, Sarah	53	PB	2:04.82	12
7	Chandler, Joanne	50	BL	2:17.45	11

Event 41 Women 55-59 100 LC Meter Manikin Carry (Fins) Individual

Record: 1:36.37 R 24/04/2022 Sue Vaughan

	Name	Age	Team	Finals Time	
1	O'Donoghue-Harris, Karen	55	RH	1:25.30R	20
2	Van Bassen, Carryl	59	GL	1:25.47R	18
3	Vaughan, Sue	59	LB	1:38.37	16
4	Biagini-Williams, Tania	57	GL	1:48.22	14

Event 41 Women 60 & Over 100 LC Meter Manikin Carry (Fins) Individ

Record: 2:10.70 R 24/04/2022 Romaine Webb

	Name	Age	Team	Finals Time	
1	Webb, Romaine	64	NW	2:17.46	20

Event 42 Men 30-39 100 LC Meter Manikin Carry (Fins) Individual

Record: 57.33 R 22/04/2017 Richard Watkins

	Name	Age	Team	Finals Time	
1	Abbott Haigh, Gareth	36	VS	1:03.42	20
2	Rosewell, Lloyd	38	PB	1:04.36	18
3	Robson, Johnny	35	BL	1:12.40	16
4	Gray, Stuart	38	LB	1:19.53	14
5	Wheeler, Jason	35	PP	1:21.72	13

Event 42 Men 40-44 100 LC Meter Manikin Carry (Fins) Individual

Record: 1:07.25 R 24/04/2022 Samuel Black

	Name	Age	Team	Finals Time	
1	Jenkinson, Chris	40	NW	1:07.71	20
2	Black, Samuel	42	NW	1:08.66	18
3	Boyle, Simon	40	PP	1:17.23	16
4	Bell, Stephen	40	RB	1:19.48	14
5	Locke, Craig	43	SK	1:20.03	13
6	Weight, Patrick	41	BC	1:27.70	12
7	Baker, Edward	43	PP	1:28.34	11
8	Shingler, guy	44	LB	1:30.03	10

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Event 42 Men 45-49 100 LC Meter Manikin Carry (Fins) Individual

Record: 1:04.92 R 24/04/2022 Andrew McDonagh

	Name	Age	Team	Finals Time	
1	Sanwell, Matt	46	PP	1:03.56R	20
2	Nicholas, Grant	49	MB	1:12.10	18
3	Davis, Lee	47	SK	1:12.17	16
4	Foster, Jon	49	LM	1:12.79	14
5	Skinner, Paul	49	PT	1:18.91	13
6	Lock, James	46	GL	1:22.04	12
7	Newman, Gavin	46	PB	1:24.07	11
8	Hughes, Simon	45	LB	1:24.91	10
9	Riley, Aidan	47	GL	1:30.31	8
10	Connolly, Hugh	47	VS	1:39.43	7

Event 42 Men 50-54 100 LC Meter Manikin Carry (Fins) Individual

Record: 1:18.38 R 24/04/2022 David Baxter

	Name	Age	Team	Finals Time	
1	Robinson, Craig	50	PB	1:06.16R	20
2	Dixon, Mark	50	BC	1:13.79R	18
3	Parkinson, Andy	50	LB	1:17.82R	16
4	Davies, Paul	50	PS	1:19.29	14
5	Bateman, Phil	52	PT	1:21.67	13
6	Dickson, Billy	52	GL	1:22.12	12
7	Bull, Matthew	50	PT	1:23.41	11
8	Revell, David	50	GL	1:23.96	10
9	Edwards, Mark	51	SK	1:24.86	8
10	Davidson, Andrew	51	SK	1:26.36	7

Event 42 Men 55-59 100 LC Meter Manikin Carry (Fins) Individual

Record: 1:19.01 R 24/04/2022 Simon Parker

	Name	Age	Team	Finals Time	
1	Parker, Simon	56	VS	1:17.42R	20
2	Dalrymple, Andy	57	LB	1:19.45	18
---	Lawrence, Simon	57	PP	DQ	

Event 42 Men 60 & Over 100 LC Meter Manikin Carry (Fins) Individual

Record: 1:12.26 R 24/04/2022 Adrian Morris

	Name	Age	Team	Finals Time	
1	Morris, Adrian	61	PB	1:20.28	20
2	Gwynn, Jon	64	MB	1:30.00	18
3	Griffiths, Alun	64	SK	1:32.19	16
4	Nye, Philip	67	BC	1:39.65	14
5	John, Chris	63	LB	2:05.67	13

Event 53 Women LC Meter Super Life Saver Individual

Record: 2:38.70 R 15/04/2018 Emma Henderson

	Name	Age	Team	Finals Time	
1	Roodhouse, Molly	24	GL	2:40.03	20
2	Henderson, Emma	25	IND	2:43.87	18
3	Carter, Sally	27	CT	2:44.94	16
4	McCloy, Ellie	22	RB	2:48.98	14
5	Watson, Heather	17	RS	2:49.32	13
6	Hickman, Eve	18	RB	2:53.23	12
7	Carpenter, Sam	27	BL	2:53.44	11
8	Parker, Emily	20	VS	2:55.75	10
9	Bailey-Jones, Nia	18	GL	2:59.69	8
10	Parker, Jessica	26	BL	3:00.95	7
11	Rule, Mia	20	GL	3:03.16	6
12	Gale, Rhianne	23	SW	3:04.22	5
13	Philippa, Bromley	17	LE	3:08.62	4
14	Briggs, Isobel	23	RS	3:12.37	3
15	Lewis, Hollie	16	PB	3:14.58	2
16	Monera-Cabarique, Sheila	18	BC	3:16.54	1
17	Bell, Charlotte	21	PT	3:18.53	
18	Cox, Emily	20	SK	3:19.27	
19	Leahey, Rebecca	18	SW	3:22.07	
20	Ben-Scully, Beatrice	16	BC	3:26.27	
21	Stroey, Carole	46	BL	3:46.12	
22	Sedgwick, Cathy	37	BL	3:55.73	
23	Gardener, Louise	17	PB	3:56.67	
---	Ezard, Emily	21	PB	DQ	
---	Rees, Millie	21	MB	DQ	
---	Robson, Emily	20	CT	DQ	

Event 54 Men LC Meter Super Life Saver Individual

Record: 2:12.79 R 24/04/2022 James Blaby

	Name	Age	Team	Finals Time	
1	Lawman, Sam	28	GL	2:18.85	20
2	Sadberry, Jack	19	CT	2:25.92	18
3	Wheeler, Ryan	28	BE	2:26.25	16
4	Postlethwaite, Freddie	18	RS	2:29.28	14
5	Phinnemore, Osian	19	PB	2:32.25	13
6	Grice, Jason	23	RH	2:41.80	12
7	Hopkin, Reuben	20	VS	2:42.02	11
8	Rosewell, Lloyd	38	PB	2:44.95	10
9	Rosewell, Lewis	32	PT	2:48.57	8
10	Ewington, Declan	22	VS	2:49.45	7
11	Screeton, Jacob	21	RS	2:51.11	6
12	Dixon, John-Jeffrey	16	BC	2:55.85	5
13	Phillips, Piran	21	PT	2:57.90	4
14	Mowbray, James	15	BL	3:00.67	3
15	Ingham, Conor	28	BE	3:04.73	2
16	Goodall, Jacob	20	CT	3:09.97	1
17	Robson, Johnny	35	BL	3:30.21	
---	Schofield, Martin	24	CT	DQ	

Event 55 Women 30-39 100 LC Meter Rescue Medley Individual

Record: 1:43.35 R 22/02/2015 Sian Clement

	Name	Age	Team	Finals Time	
1	Allam, Candice	39	VS	1:58.10	20
2	Sedgwick, Cathy	37	BL	2:18.71	18

Event 55 Women 40-44 100 LC Meter Rescue Medley Individual

Record: 1:43.05 R 24/04/2022 Sarah Anderson

	Name	Age	Team	Finals Time	
1	Anderson, Sarah	41	PT	1:40.61R	20
2	Gharahlar, Emma	40	RB	1:42.12R	18
3	Lane, Natasha	42	NW	1:52.95	16
4	Sanderson Bellamy, Angelina	44	VS	2:15.87	14

Event 55 Women 45-49 100 LC Meter Rescue Medley Individual

	Name	Age	Team	Finals Time	
1	Ramsden-hare, Louise	48	MB	2:09.98	20
---	Hopkin, Nia	46	VS	DNF	

Event 55 Women 50-54 100 LC Meter Rescue Medley Individual

	Name	Age	Team	Finals Time	
1	cox, Laura	50	SK	2:49.24	20
---	Powell, Joanna	50	PB	DNF	

Event 55 Women 55-59 100 LC Meter Rescue Medley Individual

Record: 1:41.27 R 24/04/2022 Donna Wickens

	Name	Age	Team	Finals Time	
1	Wickens, Donna	57	CT	1:51.36	20

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Event 56 Men 30-39 100 LC Meter Rescue Medley Individual

Record: 1:08.77 R 16/02/2014 Richard Watkins

	Name	Age	Team	Finals Time	
1	Rudall, Huw	36	PB	1:17.21	20
2	Rosewell, Lloyd	38	PB	1:19.80	18
3	Gray, Stuart	38	LB	1:31.29	16
4	Abbott Haigh, Gareth	36	VS	1:44.37	14
5	Robson, Johnny	35	BL	1:49.68	13

Event 56 Men 40-44 100 LC Meter Rescue Medley Individual

Record: 1:38.90 R 24/04/2022 Ned Gill

	Name	Age	Team	Finals Time	
1	Lane, David	40	NW	1:26.40R	20
2	Jenkinson, Chris	40	NW	1:28.32R	18
3	Bell, Stephen	40	RB	1:42.45	16
4	Locke, Craig	43	SK	1:54.48	14
5	Weight, Patrick	41	BC	2:06.56	13
6	Shingler, guy	44	LB	2:37.75	12

Event 56 Men 45-49 100 LC Meter Rescue Medley Individual

Record: 1:28.81 R 24/04/2022 Andrew McDonagh

	Name	Age	Team	Finals Time	
1	Foster, Jon	49	LM	1:43.62	20
2	Skinner, Paul	49	PT	1:54.06	18
3	Hughes, Simon	45	LB	2:13.74	16
---	Nicholas, Grant	49	MB	DQ	

Event 56 Men 50-54 100 LC Meter Rescue Medley Individual

Record: 1:55.70 R 24/04/2022 David Baxter

	Name	Age	Team	Finals Time	
1	Robinson, Craig	50	PB	1:26.11R	20
2	Davies, Paul	50	PS	1:37.48R	18
3	Dixon, Mark	50	BC	1:38.44R	16
4	Parkinson, Andy	50	LB	1:49.00R	14
5	Bull, Matthew	50	PT	1:54.00R	13
6	Davidson, Andrew	51	SK	2:05.95	12
7	Bateman, Phil	52	PT	2:10.96	11

Event 56 Men 55-59 100 LC Meter Rescue Medley Individual

Record: 1:39.52 R 24/04/2022 Simon Parker

	Name	Age	Team	Finals Time	
1	Parker, Simon	56	VS	1:48.47	20
2	Dalrymple, Andy	57	LB	2:09.17	18

Event 56 Men 60 & Over 100 LC Meter Rescue Medley Individual

Record: 1:38.35 R 24/04/2022 Ian Yates

	Name	Age	Team	Finals Time	
1	John, Chris	63	LB	1:50.49	20
2	Nye, Philip	67	BC	1:59.69	18
3	Griffiths, Alun	64	SK	2:02.77	16
4	Gwynn, Jon	64	MB	2:10.83	14

Event 67 Women 100 LC Meter Rescue Medley Individual

Record: 1:11.95 R 15/04/2018 Zara Williams

	Name	Age	Team	Finals Time	
1	Roodhouse, Molly	24	GL	1:17.56	20
2	Millar, Connie	16	RH	1:24.00	18
3	Rogers, Meabn	18	CT	1:24.61	16
4	Hickman, Eve	18	RB	1:25.01	14
5	Bailey-Jones, Nia	18	GL	1:26.18	13
6	Carter, Sally	27	CT	1:26.72	12
7	McCloy, Ellie	22	RB	1:28.86	11
8	Hawkins, Maisy	17	GL	1:29.11	10
9	Ezard, Emily	21	PB	1:31.46	8
10	Leigh, Izzy	19	PT	1:31.71	7
11	Philippa, Bromley	17	LE	1:31.95	6
12	Christina, Black	16	LE	1:32.19	5
13	Peterson, Ellie	23	VS	1:38.69	4
14	Bayliss-Cutler, Mia	18	CT	1:39.77	3
15	Monera-Cabarique, Sheila	18	BC	1:40.25	2
16	Briggs, Isobel	23	RS	1:42.92	1
---	Ben-Scully, Beatrice	16	BC	DNF	

Event 68 Men 100 LC Meter Rescue Medley Individual

Record: 1:01.74 R 24/04/2022 Josh Gammon

	Name	Age	Team	Finals Time	
1	Blaby, James	26	VS	1:02.89	20
2	Cusselle, Ben	20	BE	1:06.56	18
3	Haynes, Charlie	26	PT	1:06.63	16
4	Smith, Jack	22	BE	1:08.55	14
5	Wheeler, Ryan	28	BE	1:09.87	13
6	Waterfall, Luke	18	RS	1:10.84	12
7	Reed, Adam	23	VS	1:15.52	11
8	Key, Elliot	23	BE	1:16.05	10
9	Jackson, Alex	22	CT	1:16.71	8
10	Lester, Jack	22	RS	1:17.60	7
11	Schofield, Martin	24	CT	1:18.54	6
12	Ewington, Declan	22	VS	1:19.01	5
13	Leigh, tom	22	PT	1:24.54	4
14	Whittaker, Daniel	17	SK	1:25.03	3
15	Dixon, John-Jeffrey	16	BC	1:27.71	2
16	Pitt, Harry	21	NW	1:34.96	1
17	Downton, Taran	21	LM	1:36.40	

Event 69 Women 30-39 100 LC Meter Manikin Tow (Fins) Individual

Record: 1:10.18 R 22/04/2017 Nicola Beirne

	Name	Age	Team	Finals Time	
1	Passmore, Kate	38	PP	1:23.15	20
2	Sedgwick, Cathy	37	BL	1:23.20	18
3	Rule, Jessica	33	GL	1:24.84	16
4	Allam, Candice	39	VS	1:26.36	14
---	Watts-Jones, Claire	34	GL	DQ	

Event 69 Women 40-44 100 LC Meter Manikin Tow (Fins) Individual

Record: 1:21.69 R 24/04/2022 Natasha Lane

	Name	Age	Team	Finals Time	
1	Openshaw-Rowe, Rebecca	42	SK	1:09.85R	20
2	Bright, Paula	44	PP	1:20.29R	18
3	Lane, Natasha	42	NW	1:23.27	16
4	Sanderson Bellamy, Angelina	44	VS	1:26.35	14
---	Gharahlar, Emma	40	RB	DQ	

Event 69 Women 45-49 100 LC Meter Manikin Tow (Fins) Individual

Record: 1:26.06 R 24/04/2022 Marsha Bayliss-Culter

	Name	Age	Team	Finals Time	
1	Leonard, Lois	46	GL	1:23.74R	20
2	Lewis, Emma	49	SK	1:24.54R	18
3	Ramsden-hare, Louise	48	MB	1:33.24	16
4	Gilbert, Cags	49	GL	1:35.56	14
5	Stroey, Carole	46	BL	1:38.12	13
---	Hopkin, Nia	46	VS	DQ	
---	Kimber, Chanelle	45	GL	DQ	

Event 69 Women 50-54 100 LC Meter Manikin Tow (Fins) Individual

Record: 1:28.33 R 24/04/2022 Andrea Phinnemore

	Name	Age	Team	Finals Time	
1	Phinnemore, Andrea	53	PB	1:28.77	20

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(Event 69 Women 50-54 100 LC Meter Manikin Tow (Fins) Individual)

	Name	Age	Team	Finals Time	
2	Dixon, Martha	52	GL	1:31.31	18
3	Appleby, Liz	50	BL	1:35.15	16
4	Powell, Joanna	50	PB	1:35.64	14
5	cox, Laura	50	SK	1:49.01	13
6	Nyom, Sarah	53	PB	1:49.96	12
7	Chandler, Joanne	50	BL	1:51.88	11

Event 69 Women 55-59 100 LC Meter Manikin Tow (Fins) Individual

Record: 1:43.00 R 24/04/2022 Sue Vaughan

	Name	Age	Team	Finals Time	
1	Van Bassen, Carryl	59	GL	1:23.47R	20
2	O'Donoghue-Harris, Karen	55	RH	1:27.62R	18
---	Biagini-Williams, Tania	57	GL	DQ	

Event 69 Women 60 & Over 100 LC Meter Manikin Tow (Fins) Individua

Record: 1:55.38 R 24/04/2022 Romaine Webb

	Name	Age	Team	Finals Time	
1	Amos, Jennifer	61	CT	1:49.42R	20
---	Webb, Romaine	64	NW	DQ	

Event 70 Men 30-39 100 LC Meter Manikin Tow (Fins) Individual

Record: 1:04.25 R 22/04/2017 Matt Penny

	Name	Age	Team	Finals Time	
1	Rosewell, Lloyd	38	PB	1:09.79	20
2	Abbott Haigh, Gareth	36	VS	1:12.87	18
3	Wheeler, Jason	35	PP	1:13.39	16
4	Robson, Johnny	35	BL	1:13.44	14

Event 70 Men 40-44 100 LC Meter Manikin Tow (Fins) Individual

Record: 1:14.53 R 24/04/2022 John Harrison

	Name	Age	Team	Finals Time	
1	Ronday, Martijn	41	PP	1:21.17	20
2	Weight, Patrick	41	BC	1:21.63	18
3	Bell, Stephen	40	RB	1:24.31	16
4	Locke, Craig	43	SK	1:27.59	14
5	Shingler, guy	44	LB	1:28.21	13
6	Baker, Edward	43	PP	1:39.03	12
---	Boyle, Simon	40	PP	DQ	
---	Black, Samuel	42	NW	DQ	

Event 70 Men 45-49 100 LC Meter Manikin Tow (Fins) Individual

Record: 1:13.72 R 24/04/2022 Andrew McDonagh

	Name	Age	Team	Finals Time	
1	Sanwell, Matt	46	PP	1:11.41R	20
2	Davis, Lee	47	SK	1:13.00R	18
3	Lock, James	46	GL	1:13.44R	16
4	Foster, Jon	49	LM	1:18.32	14
5	Skinner, Paul	49	PT	1:20.14	13
6	Nicholas, Grant	49	MB	1:21.33	12
7	Newman, Gavin	46	PB	1:22.53	11
8	Hughes, Simon	45	LB	1:26.97	10
9	Riley, Aidan	47	GL	1:27.10	8
---	Connolly, Hugh	47	VS	DQ	

Event 70 Men 50-54 100 LC Meter Manikin Tow (Fins) Individual

Record: 1:20.13 R 24/04/2022 David Baxter

	Name	Age	Team	Finals Time	
1	Robinson, Craig	50	PB	1:06.58R	20
2	Davies, Paul	50	PS	1:18.40R	18
3	Revell, David	50	GL	1:19.49R	16
4	Parkinson, Andy	50	LB	1:20.03R	14
5	Bateman, Phil	52	PT	1:21.41	13
6	Dixon, Mark	50	BC	1:21.72	12
7	Dickson, Billy	52	GL	1:22.34	11
8	Bull, Matthew	50	PT	1:22.54	10
9	Davidson, Andrew	51	SK	1:27.75	8
10	Wisden, Mark	52	PB	1:36.54	7
11	Chandler, Mark	53	BL	1:43.93	6
---	Lewis, Jason	52	SK	DQ	

Event 70 Men 55-59 100 LC Meter Manikin Tow (Fins) Individual

Record: 1:24.33 R 24/04/2022 Simon Parker

	Name	Age	Team	Finals Time	
1	Parker, Simon	56	VS	1:20.71R	20
2	Dalrymple, Andy	57	LB	1:20.78R	18
---	Lawrence, Simon	57	PP	DQ	

Event 70 Men 60 & Over 100 LC Meter Manikin Tow (Fins) Individual

Record: 1:20.49 R 24/04/2022 Adrian Morris

	Name	Age	Team	Finals Time	
1	Griffiths, Alun	64	SK	1:24.69	20
2	Nye, Philip	67	BC	1:26.72	18
3	Gwynn, Jon	64	MB	1:37.86	16
4	John, Chris	63	LB	1:41.69	14

Event 81 Women 100 LC Meter Manakin Tow (Fins) Individual

Record: 1:02.36 R 15/04/2018 Devon Amos

	Name	Age	Team	Finals Time	
1	Roodhouse, Molly	24	GL	1:05.64	20
2	Watson, Heather	17	RS	1:06.22	18
3	Goodwin, Emily	27	CT	1:07.36	16
4	Robson, Emily	20	CT	1:08.22	14
5	Comline, Abby	20	CT	1:08.83	13
6	Chandler, Cadie	24	BL	1:09.34	12
7	Wardman, Mesha	29	PT	1:09.71	11
8	Hawkins, Georgia	21	GL	1:10.53	10
9	Parker, Jessica	26	BL	1:12.16	8
10	Dickerson Weedy, Ellie	21	BL	1:12.25	7
11	Hawkins, Maisy	17	GL	1:12.27	6
12	Parker, Emily	20	VS	1:12.36	5
13	Carpenter, Sam	27	BL	1:12.44	4
14	Leigh, Izzy	19	PT	1:13.01	3
15	Millar, Connie	16	RH	1:13.02	2
16	Rees, Millie	21	MB	1:13.17	1
17	Edwards, Rosie	19	GL	1:14.33	
18	Gale, Rhianne	23	SW	1:15.36	
*19	Corin, Emily	29	HA	1:15.53	
*19	Stamp, Layla	16	VS	1:15.53	
21	Hickman, Eve	18	RB	1:15.68	
22	Peterson, Kelsea	25	VS	1:16.26	
23	Jones, Angharad	20	SK	1:16.30	
24	Carter, Sally	27	CT	1:16.37	
25	Cox, Emily	20	SK	1:17.74	
26	Williams, Annie	18	PT	1:18.41	
27	Philippa, Bromley	17	LE	1:18.53	
28	Peterson, Brooke	21	VS	1:18.57	
29	Mann, Jasmine	24	NQ	1:18.62	
30	Rule, Mia	20	GL	1:19.18	
31	Zoe, Gilliland	18	LE	1:19.27	
32	Jones, Emilia	18	SK	1:19.75	
33	Wardman, Keia	24	PT	1:22.99	
34	Connolly, Alice	19	VS	1:23.33	
35	Christina, Black	16	LE	1:25.15	
36	Dickerson Weedy, Issy	19	BL	1:26.73	
37	Bateman, Sowenna	17	PT	1:27.35	

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(Event 81 Women 100 LC Meter Manakin Tow (Fins) Individual)

	Name	Age	Team	Finals Time
38	Bell, Charlotte	21	PT	1:29.11
39	Carr, Lilly May	17	BL	1:30.52
40	Gardener, Louise	17	PB	1:36.21
41	Sedgwick, Phoebe	16	BL	1:41.93
---	Roche, Lillian	17	GL	DQ
---	Monera-Cabarique, Sheila	18	BC	DQ
---	Trevena, Sky	16	GL	DQ

Event 82 Men 100 LC Meter Manakin Tow (Fins) Individual

Record: 55.10 R 24/04/2022 Samuel Lawman

	Name	Age	Team	Finals Time	
1	Blaby, James	26	VS	55.81	20
2	Sadberry, Jack	19	CT	56.35	18
3	Cusselle, Ben	20	BE	57.79	16
4	Phinnemore, Osian	19	PB	1:00.50	14
5	Screeton, Jacob	21	RS	1:01.45	13
6	Postlethwaite, Freddie	18	RS	1:01.66	12
7	Key, Elliot	23	BE	1:01.80	11
8	Lester, Jack	22	RS	1:02.64	10
9	Jackson, Alex	22	CT	1:02.67	8
10	Ingham, Conor	28	BE	1:05.05	7
11	Lee, Jake	22	VS	1:05.40	6
12	Stewart, Jack	18	PT	1:06.82	5
13	Whittaker, Daniel	17	SK	1:06.83	4
14	Smith, Jack	22	BE	1:07.04	3
15	Rich, Tomas	17	GL	1:08.42	2
16	Hopkin, Reuben	20	VS	1:08.77	1
17	Abbott Haigh, Gareth	36	VS	1:09.15	
*18	Ewington, Declan	22	VS	1:09.62	
*18	Rosewell, Lewis	32	PT	1:09.62	
20	Goodall, Jacob	20	CT	1:10.67	
21	Williams, Archie	16	PT	1:11.73	
22	Schofield, Martin	24	CT	1:12.19	
23	Leigh, tom	22	PT	1:13.53	
24	Wheeler, Ryan	28	BE	1:14.58	
25	Dixon, John-Jeffrey	16	BC	1:14.72	
26	Gilbert, Barney	16	GL	1:17.08	
27	Pitt, Harry	21	NW	1:19.07	
28	Ducker, Mike	26	BE	1:20.88	
29	Mowbray, James	15	BL	1:21.69	
30	Kettleborough, Peter	16	GL	1:27.15	
---	Lawman, Sam	28	GL	DQ	
---	Grice, Jason	23	RH	DNF	

Event 83 Mixed LC Meter Relay Lifesaver Individual

Record: 2:00.19 R 15/04/2018 Crawley Town

	Team	Relay	Finals Time	
1	GL	A	2:03.08	30
2	CT	A	2:03.91	27
3	RS	A	2:05.14	24
4	VS	A	2:07.01	21
5	PT	A	2:08.26	19.5
6	PB	A	2:13.54	18
7	PT	B	2:19.30	16.5
8	CT	B	2:22.39	15
9	VS	B	2:22.99	12
10	SK	A	2:28.41	10.5
11	BL	A	2:29.90	9
12	GL	B	2:32.07	7.5
13	VS	C	2:33.04	6
14	PT	C	2:34.79	4.5
15	BC	A	2:35.96	3
16	BL	B	2:42.88	2
---	PP	A	DQ	

Event 84 Mixed 30 & Over 4x50 LC Meter Medley Relay Medley Relay R

Record: 1:51.63 R 22/04/2017 Pen y Bont

	Team	Relay	Finals Time	
1	PB	A	1:58.11	30
2	NW	A	1:58.41	27
3	PP	A	2:07.90	24
4	PT	A	2:10.26	21
5	SK	A	2:10.54	19.5
6	PB	B	2:16.29	18
7	LB	A	2:17.49	16.5
8	PP	B	2:18.72	15
9	GL	C	2:19.81	12
10	SK	B	2:20.83	10.5
11	VS	A	2:22.79	9
12	GL	B	2:24.20	7.5
13	CT	A	2:26.70	6
14	LB	B	2:34.77	4.5
15	GL	A	2:39.75	3
16	BL	A	2:45.94	2
17	SK	C	2:50.36	
18	BL	B	3:14.80	

Event 85 Women 4x50 LC Meter Medley Relay Medley Relay Relay

Record: 1:49.34 R 15/04/2018 Crawley Town

	Team	Relay	Finals Time	
1	CT	A	1:53.48	30
2	BL	A	1:58.78	27
3	PT	A	1:59.71	24
4	GL	A	2:00.03	21
5	GL	B	2:01.19	19.5
6	VS	A	2:01.29	18
7	LE	A	2:05.75	16.5
8	PB	A	2:07.32	15
9	BL	B	2:11.25	12
10	SK	A	2:11.91	10.5
11	VS	B	2:24.59	9

Event 86 Men 4x50 LC Meter Medley Relay Medley Relay Relay

Record: 1:35.39 R 24/04/2022 Crawley Town

	Team	Relay	Finals Time	
1	VS	A	1:40.14	30
2	BE	A	1:40.19	27
3	RS	A	1:42.17	24
4	PT	A	1:42.67	21
5	CT	A	1:45.80	19.5
6	PB	A	1:50.93	18
7	SK	A	1:53.96	16.5
8	NW	A	1:55.35	15
9	PT	B	1:57.17	12
10	BC	A	2:14.68	10.5